

## 2024 State Squad Information Package

## Welcome

Welcome to the WA Karate Federation (WAKF) State Squad for the 2024 season!

The State Squad is a structured athlete pathway is designed to establish strong foundations promote performance and instill core values such as teamwork, integrity, resilience, and a positive attitude.

This package is designed to facilitate your preparation and provide clarity on the journey that lies ahead. Should you have any questions, uncertainties, or if you simply want to connect with us, please don't hesitate to reach out.

Feel free to contact us using the details provided below.

#### Contact

Sport Pathway & Admin Coordinator WA Karate Federation Info@karatewestaustralia.com

## How to Register

- State Squad Registration is made through Try Bookings. <u>Click Here for the Try Bookings Registration.</u>
- State Squad Registration opens 5 March 2024.
- State Squad Registration closes 5 April 2024.

For any applications after this date, a late fee of \$50.00 will be applied.

# Who Can Be a Member of the State Squad?

- Athletes who are a member of a WAKF Member Head of Style or Member Club.
- Have no outstanding financial obligations with the WAKF.
- Planning to compete at WAKF and WAKL events in the year of membership.
- Athletes aspiring to be selected to the WA 2024 State Team.
- Not be subject to any WAKF disciplinary behaviours or any investigation of a disciplinary action/s.

## **Squad Member Benefits**

- State Squad Training
- Development and Coaching Program
- State Camp
- Gala Awards Night Ticket
- Opportunity to be selected onto the WA State in the year of membership. *Please note, Selection for the State Team is open exclusively to registered State Squad members.*
- Opportunity to the National Squad Pathway Program.

# 2024 State Squad Annual Membership Fee

The 2024 State Squad Annual Membership Fee is \$333 (includes GST and processing fee).

This fee includes the following:

- State Team Training Sessions
- WAKF Training Camp
- 1 x Gala Award Night ticket
- WAKF Coaching Program

More information

- Membership is from March to the 31 December of each year.
- Registration for the State Squad is through the WAKF preferred online booking system.
- For Regional Athletes State Squad Membership Package, please refer to the Regional Athlete section of the Information Package.

# Refunds and Withdrawal from the State Squad

- After applying to be part of the State Squad, members have a 72 Hours (3 day) grace period to withdraw from the squad without any financial implications.
- Athletes who are not selected to the WA State Team, may be entitled to a partial refund if they do not continue with the State Team Training after the selection and announcement of the 2024 State Team.
- The WAKF reserves the right to allow late registration at is sole discretion.

# State Squad Training Venue and Times

### 2024 Training Venue

• Gold Netball Stadium, 200 Selby St, Jolimont

### **Training Dates**

- 4 May 2024
- 11 May 2024
- 18 May 2024
- 25 May 2024
- 8 June 2024
- 15 June 2024
- 22 June 2024
- 20 July 2024
- 27 July 2024

### **Training Times**

• 1.00pm - 3.30pm

Please arrive 15 minutes prior to the training time.

## State Squad Camp

- 13 April 2024 State Squad Camp
  - o **12 noon 4pm**
- 14 April 2024 State Squad Camp
- All day, Times TBA
- Venue: Gold Netball Centre, 200 Selby St, Jolimont

# Gala Awards Night

- Date: 10 May 2024
- Venue: Swan Yacht Club

# State Squad Training Uniforms

All state squad athletes and coaches are to attend training in a WKF-approved Karate Gi, belt and protective equipment.

# Training Equipment

- Karate Gi & Belt(s)
- Training Bag
- Protective Equipment (for Kumite only)
  - Helmet Children only (or on medical advice)
  - Mouthguard
  - o Gloves
  - Body Protector
  - Chest Protector- Females only
  - Shin Instep Protectors
  - o Groin guard Males only.
- Water Bottle
- Towel
- Shoes (Cross Trainer Design)
- Personal Medical Requirements

## When on the training floor, only bags with no wheels and soft soled shoes are allowed.

## **Regional Athletes**

### WAKF Regional Athlete Definition.

• A regional athlete is defined as an athlete that lives and resides over ninety five (95) kilometres from the Perth CBD.

### WAKF 2024 Regional Athlete State Squad Package - \$222

The WAKF would like to make sure the state squad is inclusive to athletes, in all areas of Western Australia. The WAKF recognises the logistics of having to travel to the metropolitan base state squad activities and have devised a State Team Regional Package for 2024.

- State Camp 13 and 14 April 2024
- Gala Awards Night 10 May 2024
- State Team Training 11 May 2024
- State Team Training 15 June 2024 (16 June 24 WAKL Tournament)
- State Team Training 27 July 2024

If a regional athlete can attend all training sessions, they will pay the 2023 State Squad Membership Fee.

## Please contact <u>coordinator@karatewestaustralia.com</u> prior to registrations closing for a discount code for Try Bookings or any further information.

#### Regional Athlete Travel Subsidy

The Regional Athlete Travel Subsidy Scheme is a WA Government initiative supporting regional athletes who have progressed into the high performance pathway of their chosen sport and are pursuing regional, state and national representation.

Eligible regional athletes can receive funding for out-of-pocket travel and accommodation expenses directly related to competitions and programs in accordance with the performance level categories and eligibility criteria outlined in the application guidelines.

Athletes can apply online when a round is open. <u>Click here</u> for more information.

## State Team Announcement

The State Team Selection Meeting is being held on the 22 April 2024 and will be announced via email and at the Awards Dinner.

After the state team announcement, a State Team Bulletin 2 will be released with further state team information.

State Squad Members must comply with the WAKF Code of Conduct and Membership Policy.

# State Team Information Release Dates

(including Indicative State Team & Uniform Costs)

#### The following information will be released on the 29 March 2024

- State Team Bulletin 1 issue
- State Team Nomination Form
- Indicative costs
- Travel and accommodation information and team requirements.
- State Team Selection Policy athletes and management.
- State Squad and State Team Guidelines

# 2024 National Championship Event Dates

Friday 2nd August - Sunday 4th August Geelong, Victoria

# State Team Athlete General Selection Criteria

For an athlete to be eligible for WA Karate State Team selection, the following criteria must be met in the year the athlete is nominating for State Team Selection.

- i. Must be a registered and financial member of WA State Squad.
- ii. Must be a registered and financial member of Karate Australia.
- iii. Participated in all the State Squad Training Sessions and Camp in the lead up to the selection meeting.
- iv. Compete in a minimum of two (2) Western Australian Karate League (WAKL) events prior to the National Championships.
- v. Compete in the WAKF State Championships.

## State Team Commitments After Team Selection to Fulfil Travelling to the National Championships

- i. Attend the WAKF Gala Awards Night.
- ii. Participated in all the State Squad Training Sessions.

Some exemptions apply and are outlined in the State Team Selection Policy - Athletes

## Important Guidelines, Policies and Procedures

It is extremely important that all prospective team members (and their parents) are aware of the information that is contained within the 2024 State Squad and State Team Guidelines and State Team Selection Policy.

These documents govern how the State Team is selected, managed, administered and information is relevant to all prospective members.

Anyone nominating to the state team is required to acknowledge they have read, understood and will follow as per the information within these documents.

# This program is supported by



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